



























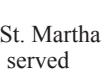







JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>Pray the "Glory Be" as a family in honor of the Blessed Trinity.</p>	<p>2</p>  <p>Bless each child this morning before the day's activities begin.</p>	<p>3</p>  <p>Honor St. Thomas, patron saint of architects, by making a house out of marshmallows and toothpicks.</p>	<p>4</p>  <p>Happy 4th of July! Offer a family prayer for troops overseas.</p>	<p>5</p>  <p>Make a time-capsule and let everyone contribute something: family photos, holy cards, keepsakes. Open it at the end of the summer.</p>	<p>6</p>  <p>Attend First Friday Mass or Benediction as a family.</p>	<p>7</p>  <p>Draw pictures of your favorite sacred images – saints, crosses, angels – and put them up around your home.</p>
<p>8</p>  <p>After Mass today, write a family prayer to say every Sunday this summer.</p>	<p>9</p>  <p>Recite the Apostle's Creed as an act of faith.</p>	<p>10</p>  <p>Visit a nearby park and enjoy God's creation. Don't forget the sunscreen.</p>	<p>11</p>  <p>Catch fireflies in a jar. Release them before you go to bed.</p>	<p>12</p>  <p>Learn about a saint you don't already know and devise ways to imitate him or her.</p>	<p>13</p>  <p>Family Fun Night: Play board games, sing songs, eat popcorn together.</p>	<p>14</p>  <p>In honor of St. Kateri Tekakwitha, take a nature walk.</p>
<p>15</p>  <p>Say a prayer for someone going through a difficult time today.</p>	<p>16</p>  <p>Go stargazing. Lie on a blanket in your backyard together and gaze at the night sky.</p>	<p>17</p>  <p>Pray together for a person in the news.</p>	<p>18</p>  <p>Take a family vow to speak only kind words today.</p>	<p>19</p>  <p>Attend daily Mass today. Pray for your family.</p>	<p>20</p>  <p>Abstain from TV as a Friday sacrifice.</p>	<p>21</p>  <p>In honor of St. Joseph, do something nice for your father.</p>
<p>22</p>  <p>Listen carefully to Father's homily at Mass today and talk about something you learned.</p>	<p>23</p>  <p>Share a story about Jesus with someone else, just like the Apostles did.</p>	<p>24</p>  <p>Make one positive choice today that will make a difference at home.</p>	<p>25</p>  <p>Serve fish tonight for dinner in honor of St. James who was a fisherman.</p>	<p>26</p>  <p>Pick up a blade of grass and think about the one who made it.</p>	<p>27</p>  <p>Say, "I forgive you" to someone who hurt you.</p>	<p>28</p>  <p>Visit a nursing home. Be prepared to stay and listen for a little while.</p>
<p>29</p>  <p>St. Martha served Jesus with love. After Mass today, prepare a treat or snack for someone else in her honor.</p>	<p>30</p>  <p>Pick a Beatitude and live it all day (Matthew 5:3-11).</p>	<p>31</p>  <p>Play a card game together.</p>				



AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 St. Alphonsus Liguori loved the Eucharist. In his honor, visit Jesus in the Blessed Sacrament in the tabernacle in your parish.	2 Watch a science program together on TV. Marvel at the wonders God has created.	3 Send a note to your pastor or favorite priest to thank him for his guidance and sacrifice.	4 Attend Confession as a family, then have a family dinner afterwards to celebrate.
5 Eat ice-cream sundaes after Mass today to celebrate the Lord's Day.	6 The Transfiguration: Wear something white to remember that Jesus' clothes turned "dazzling white" (Luke 9:29).	7 Be a peacemaker. Do something nice for someone you don't like.	8 St. Dominic spread devotion to the Rosary. In his honor, pray a family Rosary together.	9 Create a prayer space outdoors. Find a shady tree, place a curcifix or a statue of Our Lady at the base, and share time in quiet prayer.	10 Do something special for someone you love.	11 Celebrate the patron of television, St. Clare, by watching family-oriented shows together.
12 Jesus is the Bread of Life. Eat bread with every meal today in his honor. At Mass today, thank Jesus for the gift of the Eucharist.	13 Pray for all the suffering souls in Purgatory.	14 Blow bubbles outdoors and think of Heaven as they rise.	15 The Assumption: Celebrate Mary's Assumption by attending Mass and praying the Memorare together.	16 Make popsicles: blend fruit, sugar, and yogurt and pour into Dixie cups. Insert popsicle sticks and freeze. Enjoy!	17 Family Game Night: Turn off electronic entertainment and take a walk tonight.	18 Celebrate the joy of laughter by renting a funny movie or telling jokes.
19 Attend Mass as a family and pray for peace.	20 Make dinner as a family, give everyone a job, and sit down to eat it together.	21 Ask the pastor what your family can do to help out in the parish.	22 Celebrate Baptism. Have a backyard water fight, complete with water balloons, squirt guns, and the garden hose!	23 Bake cookies together. Discuss how we can follow God's recipe for our lives.	24 Share a simple, meatless meal and put the money saved in the poor box at church.	25 Gather all the loose change in the house and put it in the collection basket during Mass this weekend.
26 Share God's love by inviting a parish family to Sunday lunch after Mass.	27 Read a story from the Bible and spend 10 minutes in silence thinking about what you just read.	28 In honor of St. Augustine, start a good habit and practice it all day.	29 Have an end-of-summer picnic in the backyard or on the living room floor.	30 Talk about what you would say to Jesus if he came to visit you in your home.	31 Learn a Latin phrase such as "Ora Pro Nobis" ("pray for us") and say it over and over again today.	